RESOURCES FOR DISASTER PREPARATION

HHS Maternal-Child Health Emergency Planning Toolkit
designed to improve the capacity of health care, public health, and social services professionals to address maternal and child health in emergency preparedness, response, recovery, and mitigation activities
https://aspr.hhs.gov/at-risk/Pages/mch-planning-toolkit.aspx

Get Ready, an initiative of American Public Health Association, includes specific preparedness fact sheets for pregnant women and families with infants
to help Americans prepare themselves, their families and their communities for all public health hazards they may face, including disasters, flu or other emerging infectious diseases
https://aphagetready.org/Resources/Fact-Sheets

Shelter
Search for open shelters near you or near a hospital by texting SHELTER and your ZIP code to 43362

Creating Safe Family-Friendly Spaces in Emergency Shelters
www.cdc.gov/nutrition/emergencies-infant-feeding/safe-spaces.html

Feeding
Feeding Your Child Safely During a Disaster | Breastfeeding | CDC

Infant and Young Child Feeding in Emergencies (IYCF-E) Toolkit from the CDC
https://www.cdc.gov/nutrition/emergencies-infant-feeding/index.html

Houston Health Department
1. City of Houston support programs
   Call 3-1-1 or the Health Department Call Center 832-393-5427
   Visit https://www.houstonhealth.org/services/family-child-health

2. Nurse-Family Partnership
   NurseFamilyPartnership@Houstontx.gov

3. Healthy Families Houston
   hfh@houstontx.gov
   Program Phone: 832-395-9903

Sign up for emergency alerts AlertHouston | Houston OEM
Health Effects Related to Hurricanes, from Dr. Natalie Johnson’s presentation


Health Effects Related to Wildfires


Health Effects Related to Extreme Temperature

General Health Effects from Climate Change/Interacting Factors